Track: 2023-06-18 UTGS Sopralluogo percorso — **Date: 18/06/2023**

Track: 2023-06-18 UTGS Sopralluogo percorso	**IBP = 187 HKG**
These speeds are average for = RNG	
IBP index reliability= A	

Total length	44.19 Km
Analyzed distance	44.19 Km
Lineal distance	0.01 Km

Accumulated climb	2087.6 m
Accumulated descent	2090.7 m
Maximum height	1655.9 m
Minimal height	701.3 m
Climb rate	9.9 %
Descent rate	9.8 %
Positive climb difference per km	47.24 m
Negative descent difference per km	47.31 m

Total time	10:06:04 h
Time in movement	9:11:33 h
Stopped time	0:54:31 h

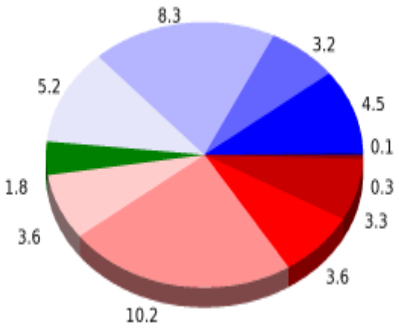
Total speed average	4.38 Km/h
Average speed in movement	4.81 Km/h
Maximum held speed	12.49 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	2340 (cad. 18.89 m)
Significant points	1101 (cad. 40.18 m / 47.05 %)
Aberrant points	8 (0.34 % d. total)

Direction changes per km	12.38
Direction changes >5º per km	9.62
Accumulated straight stretches	5.37 Km
Straight stretches per km	121.52 m
Penalizables slope changes	16
Penalizables slope changes per km	0.362

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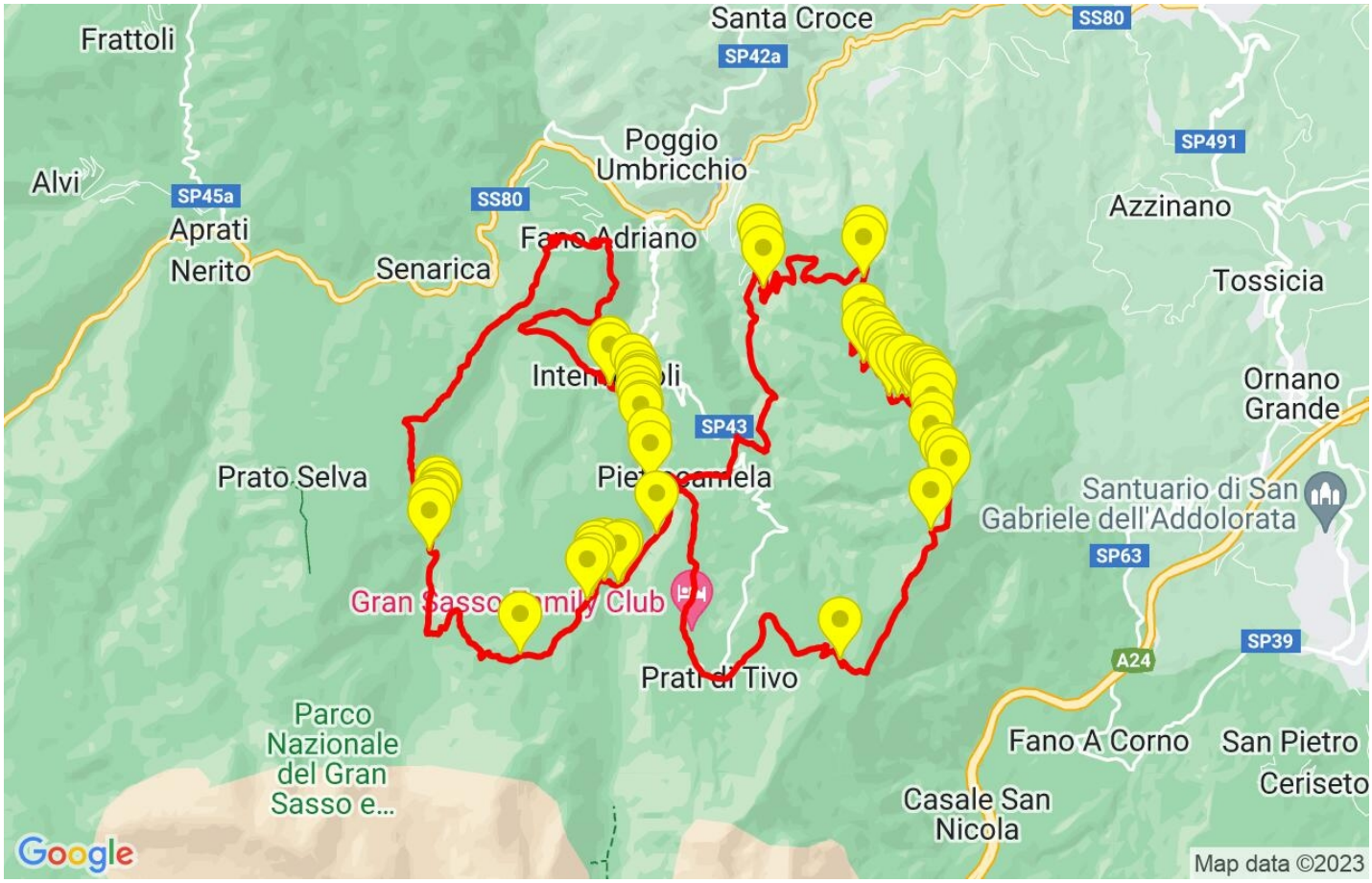
Summary of slopes

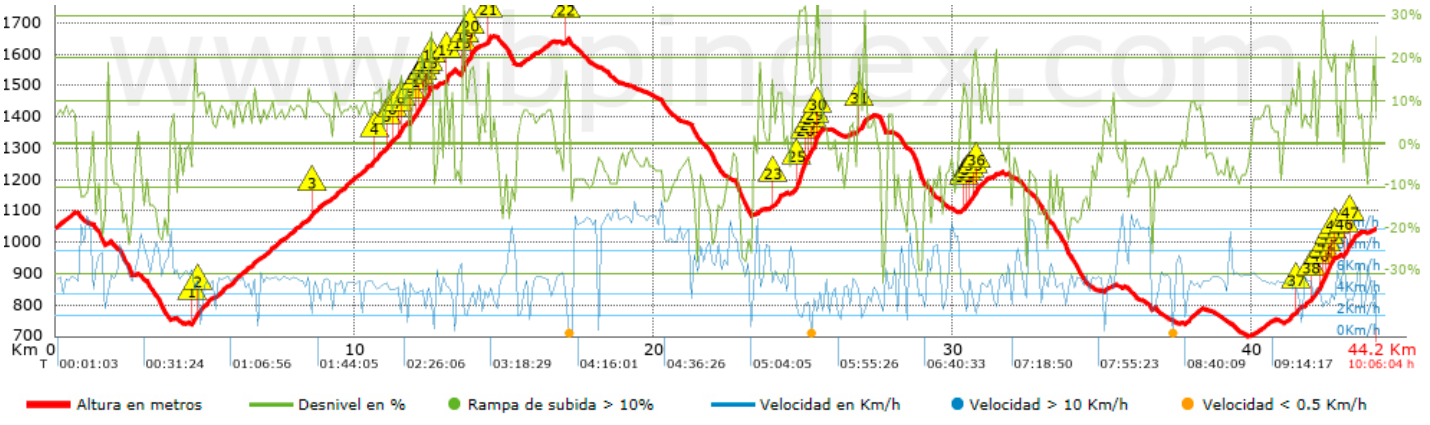


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	0.342	0.77	2.21	0:09:16
	Between 15 and 30%	3.288	7.44	3.25	1:00:44
	Between 10 and 15%	3.623	8.2	4.06	0:53:34
	Between 5 and 10%	10.241	23.17	4.52	2:15:59
	Between 1 and 5%	3.596	8.14	4.49	0:48:05
	Total :	21.09	47.72	4.11	5:07:38
	Plain				
	Difference of 1%	1.779	4.02	4.83	0:22:06
	Breakdown descents				
	Between 1 and 5%	5.244	11.87	5.79	0:54:19
	Between 5 and 10%	8.323	18.83	6.32	1:19:00
	Between 10 and 15%	3.231	7.31	6.1	0:31:48
	Between 15 and 30%	4.461	10.09	4.83	0:55:25
	Between 30% and 55%	0.064	0.15	3.01	0:01:17
	Total :	21.324	48.25	5.77	3:41:49
	Total track :	44.19	100 %	4.81	9:11:33

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	4.588	18 %	152 m
2	4.741	11 %	399 m
3	8.591	11 %	136 m
4	10.634	12 %	242 m
5	11.091	12 %	108 m
6	11.317	11 %	182 m
7	11.5	16 %	114 m
8	11.9	16 %	129 m
9	12.029	14 %	162 m
10	12.191	19 %	107 m
11	12.298	22 %	43 m
12	12.415	14 %	43 m
13	12.457	22 %	113 m
14	12.57	14 %	31 m
15	13.024	18 %	148 m
16	13.597	28 %	106 m
17	13.702	12 %	123 m
18	13.825	16 %	234 m
19	14.423	22 %	115 m
20	17.038	16 %	115 m
21	24.743	17 %	44 m
22	24.787	28 %	259 m
23	25.046	26 %	144 m
24	25.191	12 %	81 m
25	25.271	15 %	117 m
26	25.388	29 %	95 m

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27	25.483	18 %	83 m
28	26.829	13 %	199 m
29	30.317	11 %	153 m
30	30.471	19 %	31 m
31	30.603	18 %	33 m
32	30.636	15 %	99 m
33	30.735	16 %	137 m
34	41.512	15 %	101 m
35	41.977	18 %	129 m
36	42.248	13 %	37 m
37	42.285	19 %	38 m
38	42.324	21 %	150 m
39	42.474	23 %	102 m
40	42.576	19 %	109 m
41	42.684	21 %	34 m
42	42.718	21 %	36 m
43	43.095	19 %	201 m
44	43.296	14 %	179 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
1500	6362.495	14.4	1:14:12	5.14	0:28:43	1:42:55	3.71
Total :	6.362 Km	14.4 %	1:14:12 h	5.14 Km/h	0:28:43 h	1:42:55 h	3.71 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
12.601	0:02:34	1498	2:42:01	2:42:01	12.601
13.341	0:03:27	1554	2:53:58	0:11:57	0.74
17.117	0:21:39 > 10´	1645	3:52:38	0:58:40	3.776
18.146	0:03:37	1560	4:20:06	0:27:28	1.028
25.191	0:05:58	1280	5:32:10	1:12:04	7.045
35.012	0:04:06	843	7:56:47	2:24:37	9.822
37.268	0:12:57 > 10´	754	8:21:37	0:24:50	2.256
44.19	0:00:13	1042	10:05:51	1:44:14	6.922
Total :	0:54:31 h				

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